

SPONSORS

SOLE-LEAD SPONSOR



MAJOR SPONSORS



SUPPORTING SPONSORS



PHILANTHROPIC SPONSORS



SPONSORSHIP. NO FEDERAL ENDORSEMENT IMPLIED.

- Long Bridge Drive
- I-395 HOV (northbound) to Eads Street ramp
- 14th Street, South I-395 HOV (northbound)
- 4th Street along Jefferson Drive, SW
- 7th & 9th Streets, SW between Independence Avenue and C Street
- Independence Avenue, SW
- Rock Creek Parkway, NW
- Whitehurst Freeway, NW
- Key Bridge (Rosslyn)
- Army Navy Drive

RACE DAY ROAD RESTRICTIONS

Spektors/runners are subject to search (no exceptions).
 Access to Race Festivities
 Only registered runners (no spectators) with an official in-person ATM race bib are granted access to the start line. Bibs with word "virtual" on them are not permitted. All runners are subject to search (no exceptions).
 Access to the Start Line
 Only registered runners (no spectators) with an official in-person ATM race bib are granted access to the start line. Bibs with word "virtual" on them are not permitted. All runners are subject to search (no exceptions).
 Race Bib Policy
 Race bib swapping is not allowed. Any unregistered runner that competes with a race bib policy Race bib swapping is not allowed.

PROHIBITED ITEMS ON THE RACE COURSE
 Backpacks (of any type/size), gym bags or oversized bags; personal music devices (headphones, earbuds, MP3 players, iPods, etc.); edged weapons/cutting devices; firearms of any kind; explosive/flammable/com combustible items, materials or devices; aerosol sprays (pepper or mace); strollers or baby-jogger; inline or quad roller skates, skateboards or bicycles; pets/animals (except service and assistance canines); glass containers or bottles; and any vulgar or obscene flags/banners/signs or clothing/attire.

AUTHORIZED ITEMS ON THE RACE COURSE
 Mobile phones; strollers and infant bags; bicycles (must be walked); cameras or recorders (photography of Pentagon building is prohibited); service and assistance canines.

RACE DAY POLICY
 The race will take place rain or shine. No race day packet pick-up. Entry fees are non-refundable. No race day/post race transfers to the Virtual Race.

COURSE AMENITIES AND SUPPORT
 CELL PHONES allowed on course
 MEDICAL SERVICES & SPOTTERS every .5 miles
 LAW ENFORCEMENT & COURSE MARSHALS monitor entire course
 MILE MARKERS & DIGITAL CLOCKS at every mile
 ATM OFFICIAL PACE CAR Presented by Amazon
 START LINE WATER STATION located at the start, finish, and approximately every two miles along the course
 WATER STATIONS & LATRINES located at the start, finish and along the course
 GATORADE located along the course at the water stations
 FIRST AID at the start, finish and along the course
 ENTERTAINMENT positioned near miles 2, 4, 6 & 8
 TIME LIMIT The ATM uses the IPICO system to time and score runners. It begins timing your race the instant you cross the start line. So don't worry if it takes you several minutes to reach the start – those

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METRO MAP



GETTING TO YOUR WAVE START CORRAL

- Metro will open at 7 a.m.
- Runners in waves 1-5 can access their waves between 6:20 a.m. and 7:30 a.m.
- Runners in waves 6-10 can start accessing their waves between 7:30 a.m. and 8:45 a.m.
- All runners proceed to the access control point and wave start corrals. Volunteers will guide you along.
- Use the Trip Planner function at www.wmata.com to plan your trip to Pentagon City Metro Station or follow WMATA on Twitter @Metrorailinfo or @Metrobusinfo or @wmata.

Download the Experience App for the Army Ten-Miler!

ACTIVE

THE FINISH LINE ENDS AND OFFICIAL SCORING CLOSES AT 11:30 A.M.
 receive an official race result.
 Anyone not completing the entire course will not receive an official race result.
 will not be allowed to complete the entire course.
 turned at 14th Street and Independence Avenue and race time and results. Slower participants will be turned at 14th Street and Independence Avenue and race time and results. Slower participants will be turned at 14th Street and Independence Avenue and race time and results.

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RESTRICTIONS

PENTAGON SECURITY INFORMATION
PROHIBITED ITEMS AT PENTAGON
 Backpacks (of any type/size), gym bags or oversized bags; edged weapons/cutting devices; any form of firearm; any explosive/flammable/com combustible items, materials or devices; aerosol sprays (pepper/ mace); pets/animals (except service and assistance canines); glass containers or bottles; coolers of any size; and any vulgar or obscene flags/banners/signs or clothing/attire.
AUTHORIZED ITEMS AT PENTAGON
 Mobile phones; strollers and infant bags; bicycles (must be walked); cameras or recorders (photography of Pentagon building is prohibited); service and assistance canines.

NO BACKPACKS, GYM BAGS OR OVERSIZED BAGS!

SECURITY POLICY
 All runners and spectators entering any Army Ten-Miler (ATM) checkpoint are subject to search at all times. Those failing to comply will be denied access. Those refusing to leave will be turned over to Pentagon Police for escort off Pentagon property.

ATM reserves the right to implement security policies that it deems necessary to ensure the safety and security of all runners/spectators for the race. In the event of any security incident/crisis response, runners and spectators will follow instructions from first responders (law enforcement/security, fire, and ambulance).

ARMED FORCES SERIES CHALLENGE

Display your grit for #runningwiththetroops. Complete the Armed Forces Series Challenge and earn a coveted series medal. Are you ready to be all you can be? Learn more at www.armytenmiler.com

DC EXPERIENCE

SPECTATOR SPOTS
 Cheer on the runners and be a part of the ATM experience! ATM runners appreciate the crowds of onlookers cheering them on and motivating them to give the race everything they've got! Bring your cowbells or noisemakers, carry a sign or just come out to watch along the streets throughout the course. Here are some of the best places to watch the race:

FINISH LINE/MILE 10: The number-one place to be a spectator! Watch ATM runners cross the finish line in the Pentagon North Lot. To get there, take the free event shuttle. The shuttle will run continually between Pentagon North and Pentagon South Lots from 4 a.m. - 1 p.m.

KEY BRIDGE: Runners will cross from Virginia (Rosslyn) into the District (Georgetown) by way of the Key Bridge, offering a picturesque view of the city's waterfront. Get there by taking the Blue, Orange or Silver Metro line to the Rosslyn Metro Station.

INDEPENDENCE AVENUE, SW: There are many locations along this street to get a good view of the race. Afterward, head to the National Mall or a museum to continue your DC experience!

ARMY NAVY DRIVE AND EADS STREET (BEFORE MILE 9): This is where runners know they are nearing the finish line and are finding their second wind! From there, walk over to the Pentagon South Lot and catch the free event shuttle and head to the North Lot to enjoy the post-race activities.



COURSE MAP

ARMY TEN-MILER
 AUSA
 Washington, DC ★ October 13, 2024

RACE DAY
 POCKET GUIDE

40th Anniversary
 Celebrating 40 years of The Army's Race

Unlock the \$20 discount to register for 2025 race!

WWW.ARMYTENMILER.COM

RACE DAY SCHEDULE

4 a.m. - 1 p.m.	Free Event Shuttle (Runs between Pentagon North and South Lots; must enter South Lot by Fern Street)
6 a.m. - 12:30 p.m.	Clement Nedd Garment Check (Runners Only) (Pentagon Metro Station - Lower Bus Terminal)
6:20 a.m. - 7:35 a.m.	Wheelchair Athletes and Wounded Warriors and Waves 1-4 Presented by Amazon
7:35 a.m.	Invocation
7:40 a.m.	National Anthem and UH-60 Flyover
7:50 a.m.	Wheelchair Athletes and Wounded Warriors Start
8 a.m. - 8:55 a.m.	Waves 1-10 Wave Start Times
8 a.m. - 12 p.m.	Hoohb Tent Zone and Youth Zone Activities
10 a.m.	Runner Finish
10:30 a.m.	Top Individual Runner Results Posted
11 a.m.	Individual Award Ceremony
11:30 a.m.	Top Team Runner Results Posted
1:30 a.m.	Youth Run - 400m
	Team Awards Ceremony Live Results Presented by Amazon
	Team Awards Ceremony Live Results Available at www.armytenmiler.com

RACE DAY SCHEDULE



CLEMENT NEDD GARMENT CHECK

HOURS: 6 a.m. until 12:30 p.m. on race day.

LOCATION: Pentagon Metro Station, lower bus terminal.

POST RACE RETRIEVAL: Runners must return to Garment Check location to obtain their checked garments. All bags must be picked up by 12:30 p.m.

STEP 1. All items must be placed in the clear plastic bag provided. Oversized bags, backpacks and gym bags are not allowed.

STEP 2. Write your race bib number with a permanent marker on your bag.

NOTE: The ATM is not responsible for any lost, broken or stolen items. The ATM strongly recommends that you not leave mobile phones, wallets or other valuables in your garment bag.

The free event shuttle runs continually between the Pentagon North and South Lots from 4:00 a.m. until 1:00 p.m. Strollers and wheelchairs are welcome. Runners should not take the free event shuttle to the North Lot. They will access their start line corrals through the Pentagon South Lot.

STEP 3. Detach the garment check tab from your race bib and attach to your bag.

STEP 4. Tie the strings together to secure your bag.

STEP 5. Volunteer staff will be standing by to assist.

REGISTER FOR 2025 ATM

Unlock \$20 discount and register for 2025 ATM! Limited Time Offer. Scan QR Code.

**\$20 DISCOUNT
2025 ARMY
TEN-MILER**

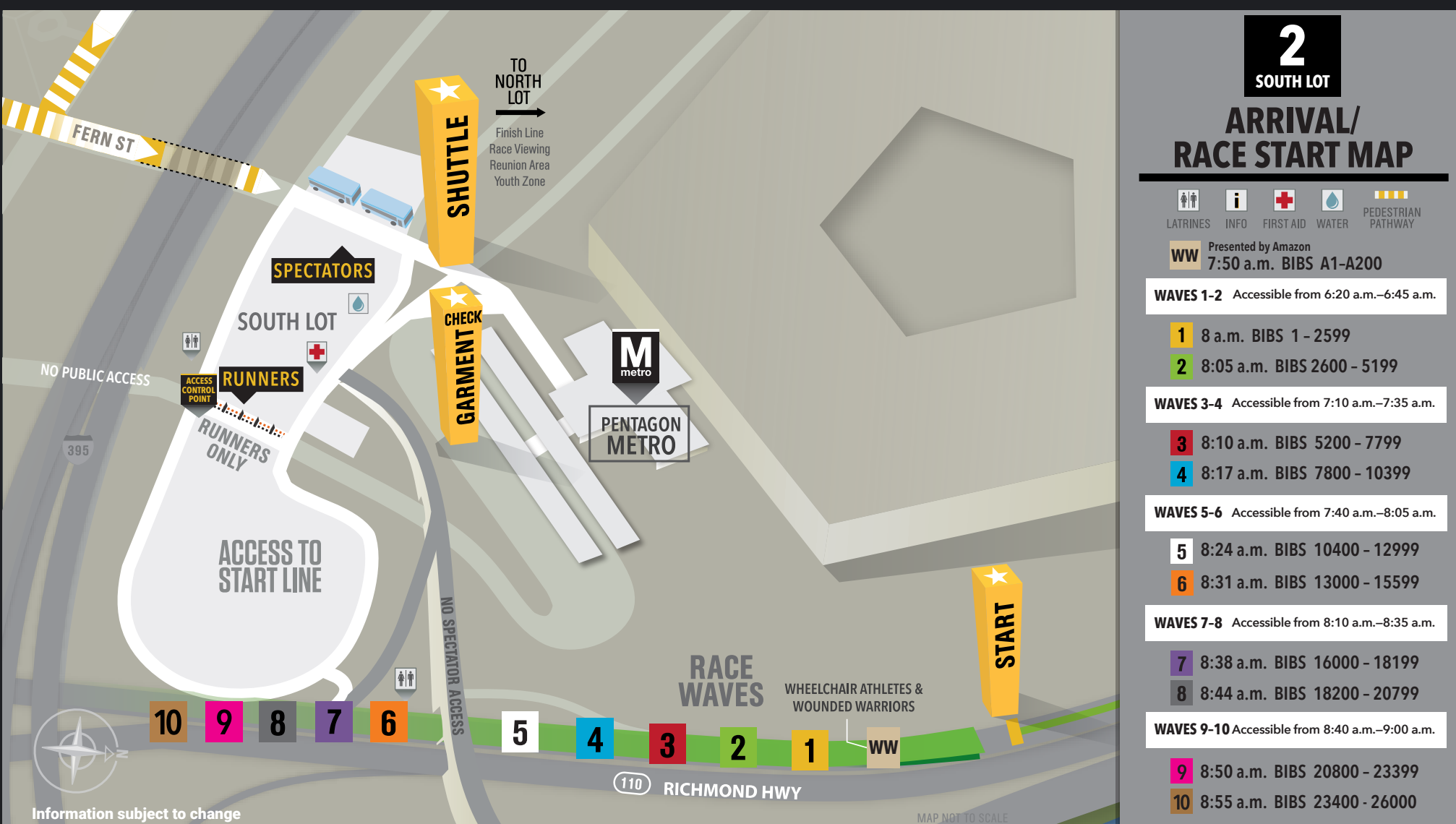


FREE EVENT SHUTTLE

Spectators can catch the free event shuttle by entering the Pentagon South Lot (accessible only by way of Fern Street) to reach the North Lot's finish line area, Hooah Tent Zone and Reunion Area. The shuttle runs continuously from 4 a.m. to 1 p.m. Please be prepared for a 10-to-15 minute wait during peak periods. Strollers and wheelchairs are welcome. No backpacks, gym bags or oversized bags. All individuals and bags/purses subject to search.

RETURNING HOME AFTER THE RACE

Participants and spectators can walk to Garment Check, Metro and parking garages via Rte. 110 as directed by volunteers and signage or catch the free event shuttle back. Be prepared for a 10-to-15 minute wait during peak periods.



RACE WAVE INFORMATION

Access for Race Waves 1-5: 6:20 a.m. – 7:30 a.m.

Open for wave 1-5 runners, Wounded Warriors and Wheelchair Athletes only

Access for Race Waves 6-10: 7:30 a.m. – 8:45 a.m.

Open for wave 6-10 runners only

See map above for full wave start details.

START LINE INFO + *WAVE START TIMES SUBJECT TO CHANGE

All runners must go through a security access point to get their assigned seeded area with wave start corral. Bibs with word "virtual" on them are not permitted on the ATM Race Course and/or to the ATM start line. Only registered runners wearing an official IN-PERSON ATM race bib will be allowed access to the start line. No exceptions. Runners are seeded and assigned a race wave seeding area according to their projected finish time.

A runner can move back a wave but not forward to a faster wave. Each wave start seeding area is marked with colored balloon arches. Runners will line-up behind the balloon arch that matches their bib color.

Official race photographer, MarathonFoto is onsite to capture your accomplishments on race day.

Keep your bib visible and an eye out for our photographers! Imagery will be available within 24/48 hours at: marathonfoto.com

WELCOME TO FORT AUSA FINISHER COIN/RUNNER FOOD

Runners will visit Fort AUSA for post-race water, food and to pick up their finisher coin race medal. This year's medal – based on the Army's tradition of awarding a coin for excellence and achievement - is a custom spinner medal coin celebrating the 40th anniversary of the Army's Race and showcasing the National World War II Memorial.



AWARDS CEREMONY

Senior U.S. Army leadership will present awards to the best of the ATM at the Awards Stage in the Pentagon North Lot. All awards must be picked up on race day. Unfortunately, the ATM is unable to mail awards.

INDIVIDUAL AWARDS CEREMONY

The individual awards ceremony will begin at 10:30 a.m. The awards will recognize the top three male and female competitors in various categories. All individual winners must be at the Awards Stage by 10 a.m.

TEAM AWARDS CEREMONY

The team awards ceremony will begin at 11:30 a.m. All team winners must be at the Awards Stage by 11 a.m.

IMPORTANT REMINDERS

- Winners must be at the Award Stage 30 minutes prior to the awards ceremony.
- Winners must show a race bib to pick up their award.
- Age-group winners and team second- and third-place winners must pick up their awards at the Awards Tent.

RUNNER RESULTS

Individual results for the top 1,000 male and female runners will be posted by 10 a.m., with the top three teams in each division posted by 11 a.m. on the results board by the Awards Stage. Find live results at www.armytenmiler.com starting at 11 a.m. Official results will be available two weeks after the race.

HOOAH TENT ZONE

The Hooah Tent Zone tradition started in the early 1990's when a few military commands arranged for tents on race day to support their teams and show their Army spirit. Since then, that tradition has grown to include over 80 tents featuring U.S. military commands, groups and installations from around the world, as well as multiple event sponsors.

REUNION AREA

Link up with family and friends at the Reunion Area, located in the Pentagon North Lot between the free event shuttle stop and the pedestrian access to Rte. 110. We strongly encourage making arrangements prior to race day on where to meet.

YOUTH RUN

Presented by Amazon The Youth Run is a non-competitive 400m run open to children ages 4-12. All runners get to experience the pride of accomplishment when they cross the official ATM finish line and have a medal placed around their necks. Runner must be registered to participate in the Youth Run. All youth must be accompanied by a parent or legal guardian at all times in the Youth Zone.

YOUTH ZONE

Presented by Amazon The Youth Zone is filled with fun, interactive activities featuring bounce houses and more! All youth must be accompanied by a parent or legal guardian at all times in the Youth Zone.

MarathonFoto.com

Smile! MarathonFoto will be there to photograph your accomplishments on race day. Be sure to have your bib visible and keep an eye out for our photographers in the bright colored vests along the course! Post-race head on over to marathonfoto.com and be the first to share your accomplishment. All participant event photos will be uploaded to the individual runner galleries in the days following the event.



**THANK YOU ATM SPONSORS,
RUNNERS AND VOLUNTEERS!**