IETRO MAP

SOLE-LEAD SPONSOR



MAJOR SPONSORS









BOEING



BAE SYSTEMS









SUPPORTING SPONSOR











Long Bridge Drive

and C Street

SPONSORSHIP. NO FEDERAL ENDORSEMENT IMPLIED.

I-395 HOV (northbound) to Eads Street ramp

7th & 9th Streets, SW between Independence Avenue

Beginning at 7:30 a.m., the following roads will close

Rte. 110 (all lanes) closed from 5:30 a.m. - 1:30 p.m.

Spectators/runners are subject to search (no

All runners are subject to search (no exceptions).

or water belts; stand-alone hydration systems.

on the ATM Race Course and/or to the ATM start line.

line. Bibs with word "virtual" on them are not permitted

in-person ATM race bib are granted access to the start

Only registered runners (no spectators) with an official

or pace); small medical kits; gel packs; water bottles

• 14th Street, South I-395 HOV (northbound)

WS ,evird nos Jefferson Drive, SW

WS , euneyA sonebnagebnl • Rock Creek Parkway, NW

 Whitehurst Freeway, NW Key Bridge (Rosslyn) Army Navy Drive

and open on a rolling basis:

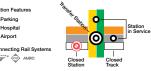
RACE DAY ROAD RESTRICTIONS

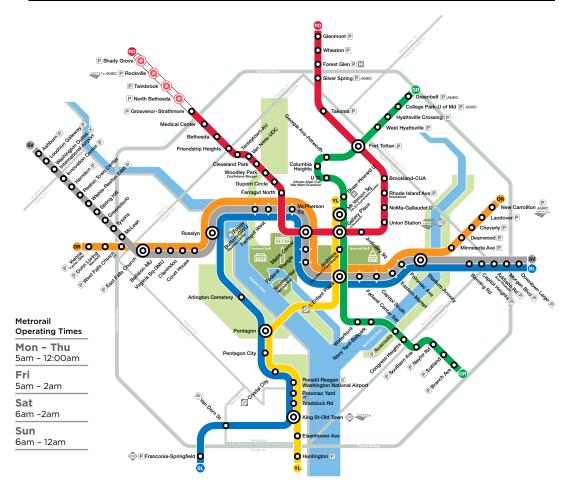
ACCESS TO RACE FESTIVITIES

ACCESS TO THE START LINE

System







GETTING TO YOUR WAVE START CORRAL

- Metro will open at 6 a.m.
- · Runners in waves 1-5 can access their waves between 6:20 a.m. and 7:30 a.m.
- · Runners in waves 6-10 can start accessing their waves between 7:30 a.m. and 8:45 a.m.
- All runners proceed to the access control point and wave start corrals. Volunteers will guide you along

 Use the Trip Planner function at www.wmata.com to plan your trip to Pentagon City Metro Station or follow WMATA on Twitter @Metrorailinfo or @ Metrobusinfo or @wmata.

App for the Army Ten-Miler! Download the Experience





CLOSES AT 11:30 A.M.

are not permitted on the ATM Race Course. results and awards. Bibs with word "virtual" on them to liability issues and the adverse impact on scoring, firm position on handing off race bib numbers due competition. Army Ten-Miler (ATM) officials take a a team, the whole team will be disqualified from the the unregistered race bib number is associated with registered runner's race bib will be disqualified. If Any unregistered runner that competes with a RACE BIB POLICY Race bib swapping is not allowed.

THE FINISH LINE ENDS AND OFFICIAL SCORING

turned at 14th Street and Independence Avenue and

the race in 2 hours, 30 minutes to receive an official

results. All runners must maintain a 15-minute mile

race time. Runners must cross the start, 10k and

extra minutes won't be counted toward your official

pace or better, complete the entire course, and finish

finish timing mats to receive an official race time and

will not be allowed to complete the entire course.

race time and results. Slower participants will be

monitors; watches (to include Apple, Android, GPS Fanny packs; mobile phones; heart-rate or pace

AUTHORIZED ITEMS ON THE RACE COURSE or obscene flags/banners/signs or clothing/attire. canines); glass containers or bottles; and any vulgar pichcies; bets/suimals (except disability or service Jogger; inline or quad roller skates, skateboards or serosol sprays (pepper or mace); strollers or babyflammable/ combustible items, materials or devices;

cuffing devices; firearms of any kind; explosive/

Backpacks (of any type/size), gym bags or oversized

pags; headphones or earbuds; edged weapons/

PROHIBITED ITEMS ON THE RACE COURSE

takes you several minutes to reach the start – those instant you cross the start line. So don't worry it it and score runners. It begins timing your race the

3/ILDI

ENTERTAINMENT positioned near miles 2, 4, 6 & 8 FIRST AID at the start, finish and along the course

TIME LIMIT The ATM uses the IPICO system to time

located along the course at water stations. HOIST HYDRATION, Official Hydration Sponsor,

finish, and approximately every two miles along the WATER STATIONS & LATRINES located at the start,

START LINE WATER STATION ATM OFFICIAL PACE CAR Presented by Amazon MILE MARKERS & DIGITAL CLOCKS at every mile

monitor entire course LAW ENFORCEMENT & COURSE MARSHALS

MEDICAL SERVICES & SPOTTERS every .5 miles **CELL PHONES** allowed on course

TAO99US GNA COURSE AMENITIES

race day/day transfers to the Virtual Race. packet pick-up. Entry fees are non-refundable. No The race will take place rain or shine. No race day

EVACE DAY POLICY



ESTRICTIONS

INFORMATION

PROHIBITED ITEMS AT PENTAGON

AUTHORIZED ITEMS AT PENTAGON

PENTAGON SECURITY

Backpacks (of any type/size), gym bags or oversized

bags; edged weapons/cutting devices; any form

of firearm; any explosive/flammable/combustible

items, materials or devices; aerosol sprays (pepper/

mace); pets/animals (except service and assistance canines); glass containers or bottles; coolers of any

size; and any vulgar or obscene flags/banners/signs

Mobile phones; strollers and infant bags; bicycles

(must be walked); cameras or recorders (photography of Pentagon building is prohibited); service and

NO BACKPACKS, GYM BAGS

OR OVERSIZED BAGS!

All runners and spectators entering any Army

Ten-Miler (ATM) checkpoint are subject to search

at all times. Those failing to comply will be denied access. Those refusing to leave will be turned over

to Pentagon Police for escort off Pentagon property.

ATM reserves the right to implement security policies

that it deems necessary to ensure the safety and

security of all runners/spectators for the race. In

the event of any security incident/crisis response,

runners and spectators will follow instructions from first responders (law enforcement/security, fire, and

or clothing/attire.

assistance canines.

SECURITY POLICY

ambulance).

X

Uational Mall

LEGEND

SPECTATOR SPOTS

DC EXPERIENCE

Cheer on the runners and be a part of the ATM experience! ATM runners appreciate the crowds of onlookers cheering them on and motivating them to give the race everything they've got! Bring your cowbells or noisemakers, carry a sign or just come out to watch along the streets throughout the course. Here are some of the best places to watch the race:

FINISH LINE/MILE 10: The number-one place to be a spectator! Watch ATM runners cross the finish line in the Pentagon North Lot. To get there, take the free event shuttle. The shuttle will run continually between Pentagon North and Pentagon South Lots from 4 a.m.-1 p.m.

KEY BRIDGE: Runners will cross from Virginia (Rosslyn) into the District (Georgetown) by way of the Key Bridge, offering a picturesque view of the city's waterfront. Get there by taking the Blue, Orange or Silver Metro line to the Rosslyn Metro Station.

INDEPENDENCE AVENUE, SW: There are many locations along this street to get a good view of the race. Afterward, head to the National Mall or a museum to continue your DC experience!

ARMY NAVY DRIVE AND EADS STREET (BEFORE MILE 9): This is where runners know they are nearing the finish line and are finding their second wind! From there, walk over to the Pentagon South Lot and catch the free event shuttle and head to the North Lot to enjoy the post-race activities.

ARMED FORCES SERIES CHALLENGE

Display your grit by #runningwiththetroops. Complete the Armed Forces Series Challenge and earn a coveted series medal. Are you ready to be all you can be? Learn more at www.armytenmiler.com



Available at www.armytenmiler.com Team Awards Ceremony Live Results

2026 Registration!

RACE DAY

WWW.ARMYTENMILER.COM

POCKET GUIDE *

Washington, DC * October 12, 2025

11:30 a.m. Top Team Runner Results Posted

Mouth Run - 400m

Individual Award Ceremony

Top Individual Runner Results Posted

Runner Finish Hoosh Tent Zone and Youth Zone Activities

View Start Line Activities in Pentagon North Lot

Waves 1-10 Wave Start Times 8 a.m. – 8:55 a.m.

Wounded Warrior and Wheelchair Athletes Start

National Anthem and UH-60 Flyover .m.բ 04։۲

Waves 5-10 Runner Wave Access (Runners Only)

7:40 a.m. - 9:00 a.m.

7:35 a.m. Golden Knights Jump

Presented by Amazon

7:15 a.m. - 7:30 a.m.

Wounded Warrior Wave and Official Pace Car Presented Runner Wave Access (runners only) Wounded Warrior and Wheelchair Athletes and Waves 1-4

> 6:20 a.m. - 7:35 a.m. (Pentagon Metro Station - Lower Bus Terminal) Clement Nedd Garment Check (Runners Only)

6 a.m. – 12:30 p.m.

Metro Opens

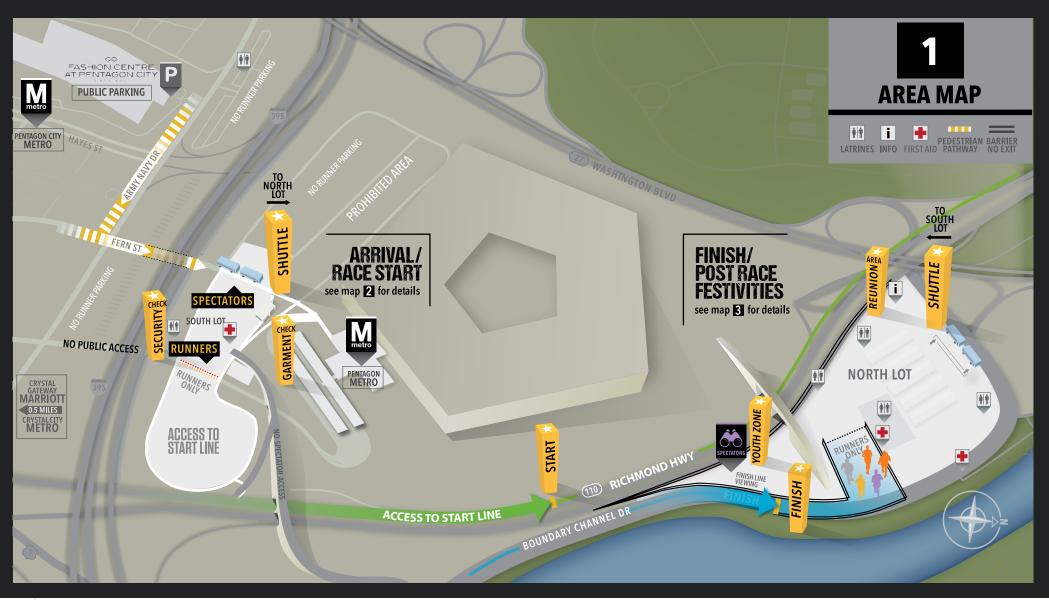
South Lots; must enter South Lot by Fern Street) Free Event Shuttle (Runs between Pentagon North and 4 a.m. – 1 p.m.

RACE DAY SCHEDULE

TIRUDAE SEGUOD SOAR

SACE POLICIES

GOURSE MAP







CLEMENT NEDD GARMENT CHECK

HOURS: 6 a.m. until 12:30 p.m. on race day. **LOCATION:** Pentagon Metro Station, lower bus terminal.

POST RACE RETRIEVAL: Runners must return to Garment Check location to obtain their checked garments. All bags must be picked up by 12:30 p.m. **STEP 1.** All items must be placed in the clear plastic bag provided. Oversized bags, backpacks and gym bags are not allowed.

STEP 2. Write your race bib number with a permanent marker on your bag.

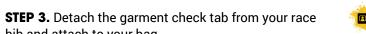
NOTE: The ATM is not responsible for any lost, broken or stolen items. The ATM strongly recommends that you not leave mobile phones, wallets or other valuables in your garment bag.

bib and attach to your bag.

STEP 4. Tie the strings together to secure your bag.

STEP 5. Volunteer staff will be standing by to assist.

The free event shuttle runs continually between the Pentagon North and South Lots from 4:00 a.m. until 1:00 p.m. Strollers and wheelchairs are welcome. Runners should not take the free event shuttle to the North Lot. They will access their start line corrals through the Pentagon South Lot.



REGISTER FOR 2026 ATM

Unlock \$15 discount and register for 2026 ATM! Limited time offer. Scan QR Code.

\$15 DISCOUNT 2026 ARMY TEN-MILER

patriotism, the bald eagle.



FREE EVENT SHUTTLE

Spectators can catch the free event shuttle by

entering the Pentagon South Lot (accessible only

by way of Fern Street) to reach the North Lot's finish

line area, Hooah Tent Zone and Reunion Area. The

be prepared for a 10-to-15 minute wait during peak

periods. Strollers and wheelchairs are welcome.

No backpacks, gym bags or oversized bags. All

individuals and bags/purses subject to search.

shuttle runs continuously from 4 a.m. to 1 p.m. Please

Individual results for the top 1,000 male and females runners will be posted by 10 a.m., with the top three teams in each division posted by 11 a.m. on the results board by the Awards Stage. Find live results at www.armytenmiler.com starting at 11 a.m. Official results will be available two weeks after the race.



The Hooah Tent Zone tradition started in the early 1990's when a few military commands arranged for tents on race day to support their teams and show their Army spirit. Since then, that tradition has grown to include over 80 tents featuring U.S. military commands, groups and installations from around the world, as well as multiple event sponsors.

Link up with family and friends at the Reunion Area, located in the Pentagon North Lot between the free event shuttle stop and the pedestrian access to Rte. 110. We strongly encourage making arrangements





RETURING HOME AFTER THE RACE

ARMY-NAVY PIN PICK UP POINT

Runners who participated in the Army-Navy Challenge

can pick up their pin by presenting their Army-Navy Challenge bib tear off tag on their bib. The Army-Navy

Challenge pin pick up point is located next to the

ARMED FORCES SERIES CHALLENGE MEDAL PICK

Eligible runners for the Armed Forces Series

AUSA Food Tents and next to the DJ booth.

Challenge (AFSC) medals can pick up their medal by

on their bib at the AFSC tent located near the Fort

presenting the Armed Forces Series Challenge sticker

Team Awards tent at Hooah Tent Zone.

UP POINT

Participants and spectators can walk to Garment Check, Metro and parking garages via Rte. 110 as directed by volunteers and signage or catch the free event shuttle back. Be prepared for a 10-to-15 minute wait during peak periods.



Runners will visit Fort AUSA for post-race water, food

Army and highlights America's symbol of freedom and

and to pick up their finisher race medal. The 2025

medal celebrates the 250th anniversary of the U.S.

AWARDS CEREMONY

Senior U.S. Army leadership will present awards to the

best of the ATM at the Awards Stage in the Pentagon

North Lot. All awards must be picked up on race day.

INDIVIDUAL AWARDS CEREMONY

The individual awards ceremony will begin at 10:30

a.m. The awards will recognize the top three male and female competitors in various categories. All

individual winners must be at the Awards Stage

TEAM AWARDS CEREMONY

The team awards ceremony will begin at 11:30 a.m.

– Winners must be at the Award Stage 30 minutes

- Winners must show a race bib to pick up their

All team winners must be at the Awards Stage by

Unfortunately, the ATM is unable to mail awards.

RUNNER RESULTS

HOOAH TENT ZONE



REUNION AREA

prior to race day on where to meet.



YOUTH RUN

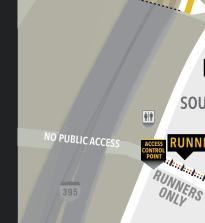
The Youth Run is a non-competitive 400m run open to children ages 4-12. All runners get to experience the pride of accomplishment when they cross the official ATM finish line and have a medal placed around their necks. Runner must be registered to participate in the Youth Run. All youth must be accompanied by a parent or legal guardian at all times in the Youth Zone.



YOUTH ZONE

The Youth Zone is filled with fun, interactive activities featuring bounce houses and more! All youth must be accompanied by a parent or legal guardian at all times in the Youth Zone.

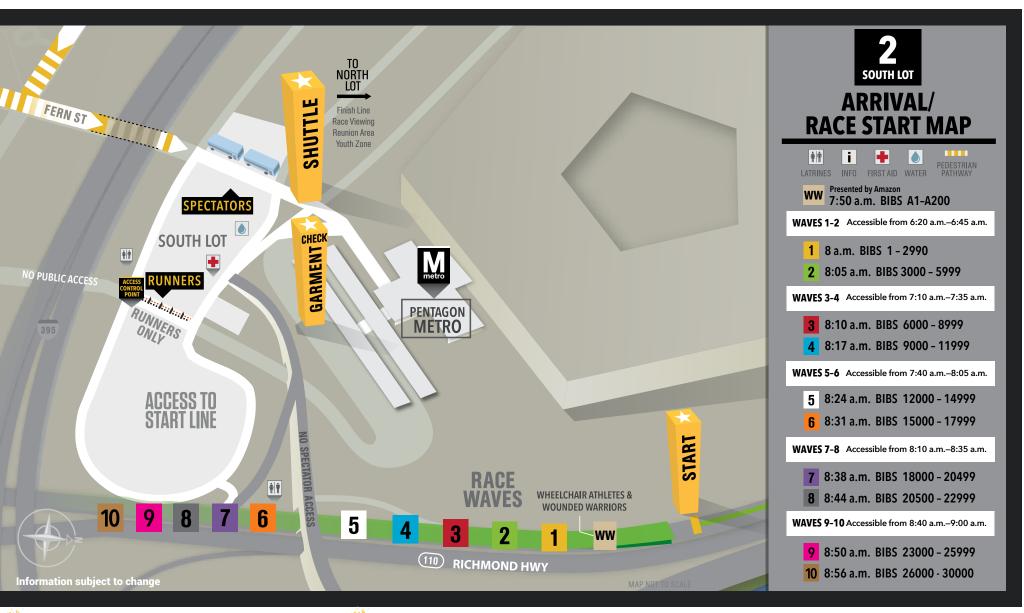
THANK YOU ATM SPONSORS, **RUNNERS AND VOLUNTEERS!**



MarathonFoto.com

your accomplishments on race day. Be sure to have your bib visible and keep an eye out for our photographers in the bright colored vests along the course! Post-race head on over to marathonfoto.com and be the first to share your accomplishment. All participant event photos will be uploaded to the individual runner galleries in the days following the event.

Smile! MarathonFoto will be there to photograph





Access for Race Waves 1-5: 6:20 a.m. - 7:30 a.m. Open for Wounded Warriors and Wheelchair Athletes and wave 1-5 runners only

Wounded Warrior Wave and Official Pace Car Presented by Amazon.

Access for Race Waves 6-10: 7:30 a.m. - 8:45 a.m. Open for wave 6-10 runners only See map above for full wave start details.



START LINE INFO + *WAVE START TIMES SUBJECT TO CHANGE

All runners must go through a security access point to get their assigned seeded area with wave start corral. Bibs with word "virtual" on them are not permitted on the ATM Race Course and/or to the ATM start line. Only registered runners wearing an official IN-PERSON ATM race bib will be allowed access to the start line. No exceptions. Runners are seeded and assigned a race wave seeding area according to their projected

A runner can move back a wave but not forward to a faster wave. Each wave start seeding area is marked with colored balloon arches. Runners will line-up behind the balloon arch that matches their bib color.

Official race photographer, MarathonFoto is onsite to capture your accomplishments on race day.

Keep your bib visible and an eye out for our photographers! Imagery will be available within 24/48 hours at: marathonfoto.com

prior to the awards ceremony.

IMPORTANT REMINDERS

Age-group winners and team second- and thirdplace winners must pick up their awards at the